

PSY 134: Group Dynamics
List of OER sources by Topic

Required OER. Many of the topic readings will come from the following OER:

1. Introductory Sociology (OpenStax): [https://socialsci.libretexts.org/Bookshelves/Sociology/Introduction_to_Sociology/Book%3A_Introductory_Sociology_\(OpenStax\)](https://socialsci.libretexts.org/Bookshelves/Sociology/Introduction_to_Sociology/Book%3A_Introductory_Sociology_(OpenStax))
2. Principles of Social Psychology – 1st International Edition by Dr. Rajiv Jhangiani and Dr. Hammond Tarry (BC Campus Open Education): <https://opentextbc.ca/socialpsychology/front-matter/acknowledgments/>
3. Psychology (Noba): <https://nobaproject.com/browse-content>
4. Interpersonal Relations (LumenLearning): <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/>
5. Introduction to Sociology (Lumen Learning): <https://courses.lumenlearning.com/wm-introductiontosociology/>

Required book: This is the one book not available for free online, although it is accessible as an e-book from the DCC library

- Why Are All the Black Kids Sitting Together in the Cafeteria: And Other Conversations About Race (2017), Revised Edition, by Beverly Daniel Tatum

Required Topics:

Introduction to Group Dynamics: What is a Group?

- Introductory Sociology (OpenStax)
 - 6.2: Types of Groups: [https://socialsci.libretexts.org/Bookshelves/Sociology/Introduction_to_Sociology/Book%3A_Introductory_Sociology_\(OpenStax\)/06%3A_Groups_and_Organizations/6.02%3A_Types_of_Groups](https://socialsci.libretexts.org/Bookshelves/Sociology/Introduction_to_Sociology/Book%3A_Introductory_Sociology_(OpenStax)/06%3A_Groups_and_Organizations/6.02%3A_Types_of_Groups)
- Psychology (Noba)
 - 11.2 The Psychology of Groups: [https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_\(Noba\)/](https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_(Noba)/)

Chapter 11%3A Social Part I/

11.02%3A The Psychology of Groups

- 2.2 Thinking Like a Scientist: [https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_\(Noba\)/Chapter_2%3A_Psychology_as_Science/2.2%3A_Thinking_like_a_Psychological_Scientist](https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_(Noba)/Chapter_2%3A_Psychology_as_Science/2.2%3A_Thinking_like_a_Psychological_Scientist)
- Kurt Lewin: groups, experiential learning and action research (infed.org): <https://infed.org/mobi/kurt-lewin-groups-experiential-learning-and-action-research/>

Why Groups Matter

- Relationships and Well-being: <https://nobaproject.com/modules/relationships-and-well-being>
- Why We Are Wired to Connect <https://www.scientificamerican.com/article/why-we-are-wired-to-connect/>
- The social brain and its superpowers: Matthew Lieberman, Ph.D. at TEDxStLouis <https://www.youtube.com/watch?v=NNhk3owF7RQ>
- Ubuntu Philosophy https://en.wikipedia.org/wiki/Ubuntu_philosophy
- Psychology (Noba)
 - 11.3 Culture: [https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_\(Noba\)/Chapter_11%3A_Social_Part_I/11.03%3A_Culture](https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_(Noba)/Chapter_11%3A_Social_Part_I/11.03%3A_Culture)

How Groups Function - Group Decision Making:

- Principles of Social Psychology (BC Campus Open Education)
 - 10.2 Group Performance: <https://opentextbc.ca/socialpsychology/chapter/group-process-the-pluses-and-minuses-of-working-together/>
 - 10.3 Group Decision Making: <https://opentextbc.ca/socialpsychology/chapter/group-decision-making/>
 - 10.4 Improving Group Performance and Decision Making: <https://opentextbc.ca/socialpsychology/chapter/improving-group-performance/>

How Groups Function - Roles & Leadership:

- Communication - Group Roles: <https://courses.lumenlearning.com/introductiontocommunication/chapter/groups-roles/>
- Introduction to Sociology (Lumen Learning)
 - Leadership Styles: <https://courses.lumenlearning.com/wm-introductiontosociology/chapter/leadership-styles/>
- Task and Maintenance Functions in Groups: https://d3n8a8pro7vhmx.cloudfront.net/gu/pages/4626/attachments/original/1505887864/1706_MMM_Handout_TaskAndMaintenance.pdf?1505887864#:~:text=Generally%2C%20task%20functions%20keep%20groups,social%20relationships%20in%20a%20group.
- Top Ten Basics of Feminist Leadership in ActionAidv: <https://www.actionaidusa.org/wp-content/uploads/2020/09/Top-Ten-Basics-of-Feminist-Leadership-in-ActionAid-App-by-IB-Dec-2018.pdf>
- Videos/ Additional Resources
 - Task Roles and Maintenance Roles in Groups: <https://www.youtube.com/watch?v=goP205Xjfl>

How Groups Function - Social Influence & Control

- Social Psychology - Influence and Conformity - Ch 6
 - <https://opentextbc.ca/socialpsychology/part/chapter-7-influencing-and-conforming/>
 - <https://opentextbc.ca/socialpsychology/chapter/the-many-varieties-of-conformity/>
 - <https://opentextbc.ca/socialpsychology/chapter/obedience-power-and-leadership/>
 - <https://opentextbc.ca/socialpsychology/chapter/person-gender-and-cultural-differences-in-conformity/>
 - <https://opentextbc.ca/socialpsychology/chapter/thinking-like-a-social-psychologist-about-social-influence/>
- Introduction to Sociology (Lumen Learning)
 - Deviance and Control: <https://courses.lumenlearning.com/wm-introductiontosociology/chapter/deviance-and-control/>

Power & Privilege within and across Groups

- Why Are All the Black Kids Sitting Together in the Cafeteria: And Other Conversations About Race (2017), Revised Edition, by Beverly Daniel Tatum. Ch's 1-2
- Historical Foundations of Race: <https://nmaahc.si.edu/learn/talking-about-race/topics/historical-foundations-race>

Self & Identity

- Why Are All the Black Kids Sitting Together in the Cafeteria: And Other Conversations About Race (2017), Revised Edition, by Beverly Daniel Tatum. Ch's 3-5
- Principles of Social Psychology (BC Campus Open Education)
 - 3.1 The Cognitive Self: <https://opentextbc.ca/socialpsychology/chapter/the-cognitive-self-the-self-concept/>
 - 3.2 The Feeling Self: <https://opentextbc.ca/socialpsychology/chapter/the-feeling-self-self-esteem/>
 - 3.3 The Social Self: <https://opentextbc.ca/socialpsychology/chapter/the-social-self-the-role-of-the-social-situation/>

Dynamics in Close Relationships

- Psychology (Noba)
 - Love, Friendship, and Social Support: <https://nobaproject.com/modules/love-friendship-and-social-support>
 - Biochemistry of Love: <https://nobaproject.com/modules/biochemistry-of-love>
- Principles of Social Psychology (BC Campus Open Education)
 - 7.2 Close Relationships: Liking and Loving over the Long Term: <https://opentextbc.ca/socialpsychology/chapter/close-relationships-liking-and-loving-over-the-long-term/>
- Introductory Sociology (OpenStax)
 - 14.2: What Is Marriage? What Is a Family?: [https://socialsci.libretexts.org/Bookshelves/Sociology/Book%3A_Introductory_Sociology_\(OpenStax\)/14%3A_Marriage_and_Family/14.02%3A_What_Is_Marriage%3F_What_Is_a_Family%3F](https://socialsci.libretexts.org/Bookshelves/Sociology/Book%3A_Introductory_Sociology_(OpenStax)/14%3A_Marriage_and_Family/14.02%3A_What_Is_Marriage%3F_What_Is_a_Family%3F)
- What's wrong with heteronormativity? <https://www.rewriting-the-rules.com/gender/whats-wrong-with-heteronormativity/>

Communication in Groups: Verbal and Nonverbal Communication

- Interpersonal Relations (LumenLearning)
 - Ch 3: Language: <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/language-chapter-3/>
 - Ch 4: Nonverbal Communication: <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/nonverbal-communication-chapter-4/>
- bell hooks And The Extraordinary Power Of Names by Jené Gutierrez. <https://medium.com/the-establishment/bell-hooks-and-the-extraordinary-power-of-names-dcb1fe44ec29>

Communication in Groups: Listening

- Interpersonal Relations (LumenLearning)
 - Ch 5: Listening Chapters: <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/listening-chapters-chapter-5/>

Conflict in Groups

- Interpersonal Relations (LumenLearning)
 - 6.2 Conflict and Interpersonal Communication <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/relationship-dynamics-paper-chapter-6/>
 - Aggression <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/aggression/>
- Principles of Social Psychology (BC Campus Open Education)
 - 12 - 12.3 Competition and Cooperation in Our Social Worlds <https://opentextbc.ca/socialpsychology/part/competition-and-cooperation-in-our-social-worlds/>
- The Four Basic Styles of Communication: https://www.uky.edu/hr/sites/www.uky.edu.hr/files/wellness/images/Conf14_FourCommStyles.pdf

Healing in Groups

- Group Therapy <https://thehumancondition.com/group-therapy/#:~:text=Group%20therapy%20uses%20techniques%20similar,and%20dedication%20within%20the%20group.>
- What is Trauma Informed Care?: <http://socialwork.buffalo.edu/social-research/institutes-centers/institute-on-trauma-and-trauma-informed-care/what-is-trauma-informed-care.html>
- The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement <https://medium.com/@ginwright/the-future-of-healing-shifting-from-trauma-informed-care-to-healing-centered-engagement-634f557ce69c>

Optional Topics

Communication Climates

- Understanding the Communication Climate <https://www.universalclass.com/articles/business/communication-studies/understanding-the-communication-climate.htm>
- Are Women Less Assertive than Men in the Workplace? https://medium.com/@brand_minds/are-women-less-assertive-than-men-in-the-workplace-5faf138963ce
- Microaggressions Are A Big Deal: How To Talk Them Out And When To Walk Away. <https://www.npr.org/2020/06/08/872371063/microaggressions-are-a-big-deal-how-to-talk-them-out-and-when-to-walk-away>

Emotions

- Psychology (Noba) Emotions and Motivations:
 - Functions of Emotions: <https://nobaproject.com/modules/functions-of-emotions>
 - Culture and Emotion <https://nobaproject.com/modules/culture-and-emotion>
 - Emotional Intelligence. <https://nobaproject.com/modules/emotional-intelligence>
- Emotion Experience and Well-Being <https://nobaproject.com/modules/emotion-experience-and-well-being>
- Affective Neuroscience <https://nobaproject.com/modules/affective-neuroscience>
- Interpersonal Relations:

- 6.3: Emotions and Interpersonal Communication Conflict and Interpersonal Communication <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/relationship-dynamics-paper-chapter-6/>

Perception

- Interpersonal Relations:
 - 2.1 Perception Process and 2.2 Perceiving Others: <https://courses.lumenlearning.com/atd-hostos-interpersonalrelations-1/chapter/reflective-paper-connection-to-concepts-self-others/>
- Psychology (Noba):
 - 11.5: Social Cognition and Attitudes - [https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_\(Noba\)/Chapter_11%3A_Social_Part_I/11.05%3A_Social_Cognition_and_Attitudes](https://socialsci.libretexts.org/Bookshelves/Psychology/Book%3A_Psychology_(Noba)/Chapter_11%3A_Social_Part_I/11.05%3A_Social_Cognition_and_Attitudes)

Trust

- Stanford Encyclopedia of Philosophy: Trust <https://plato.stanford.edu/entries/trust/>
- 10 Ways to Build Trust in a Relationship: <https://positivepsychology.com/build-trust/>