

# PARENTAL INFLUENCE:

## Potential Long-term Effects of Strict Parenting

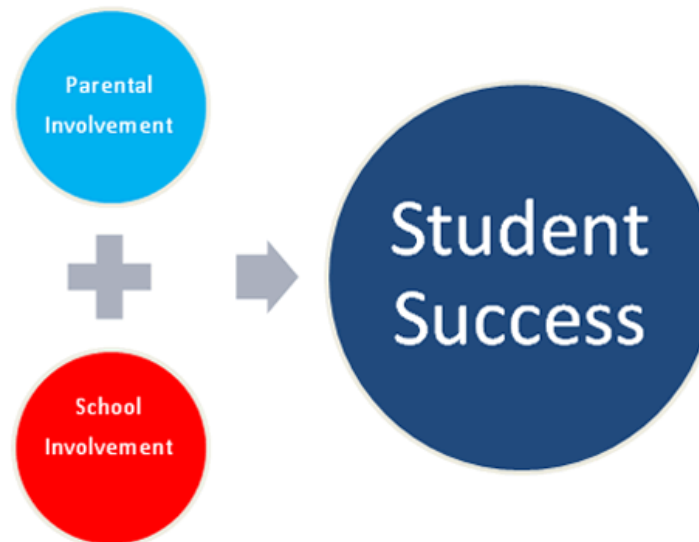
Sabrina Colmone & Kathleen Greenberg, Ph.D.

*Department of Psychology, State University of New York at Old Westbury*



# PARENTAL ACADEMIC INVOLVEMENT AND CONTROL EFFECTS

- Parental involvement increases a child's success (Locke, Kavanagh & Campbell, 2016)
- Parent's who are over-controlling create perfectionist child (Affrunti & Woodruff-Borden, 2015).



# PSYCHOLOGICAL HEALTH EFFECTS

- Anxiety (Affrunti & Woodruff-Borden, 2015).
- Decrease in creativity (Fearon, Copeland & Saxon, 2013).
- Reduce child's motivation (Landers, Friedrich, Jawad & Miller, 2016).



## RISK TAKING BEHAVIORS

- Presence of parents vs. absence of parents effects (Morrongiello, McArthur, Goodman, & Bell, 2015).
- Permissive parents = child engaging in risky sexual behaviors(Sylvester, 2014)
- Authoritarian parents = child binge drinking (Merianos, King, Vidourek & Nabors (2015).
  - It was found that coercive control does not reduce a child drinking behaviors (Van Der Vorst, Engels, Meeus & Deković, 2006).



# "LIKE FATHER, LIKE SON"

(SIP SMA, BIELLO, COLE-LEWIS & KERSHAW, 2010).

- Parents who have children young influence child to do the same (Sipsma, Biello, Cole-Lewis & Kershaw, 2010).
- Substance abuse can also be replicated.



**BASED OFF OF THESE FINDINGS, IS IT POSSIBLE THAT CHILDREN OF STRICT PARENTS WILL INFLUENCE THEIR PERSONALITY AND WILL MIMIC A STRICT PARENTING STYLE WITH THEIR OWN CHILDREN?**



# PURPOSE AND HYPOTHESIS

- **Purpose**

- What are the effects of authoritarian parenting styles on their children in terms of their personality, self-perceptions, and engagement with risky behaviors?
- How do children of authoritarian parents believe they would parent their child?

- **Hypotheses**

- People who have strict parents are:
  1. More likely to be anxious, be secretive, strive for perfection, depend on others, and engage in risky behaviors (ex: drinking, smoking).
  2. Less confident and street smart
  3. More likely to be strict with their children.
  4. More likely to have immigrant parents

# **METHOD**

## PARTICIPANTS

- 91 Participants
- 27 males; 64 females
- Ages 18-58 ( $M=23.890$ ,  $SD=6.611$ )
- Participants were recruited by convenience
- Participants were not compensated



# **METHOD**

## MATERIALS

- Online survey with 27 questions
- Participants were asked to rate the strictness of their parents
- Questions about personality
- Questions about risk taking behaviors
- Questions about self beliefs
- Questions about how they will parent in the future

# **METHOD**

## PROCEDURE

- Completed an informed consent
- Completed questionnaire
- Thanked and debriefed for their help

# RESULTS

Table 1  
*Rated Personality Traits of the Participants*

	People With Strict Parents		People Without Strict Parents	
	M	(SD)	M	(SD)
Optimistic	4.72%	(1.56)	5.00%	(1.54)
Mature	6.16%	(0.92)	5.92%	(1.22)
Outgoing	4.77%	(1.44)	5.19%	(1.42)
<b>Responsible*</b>	<b>6.19%</b>	<b>(0.88)</b>	<b>5.79%</b>	<b>(1.03)</b>
Life of the Party	3.84%	(3.84)	4.19%	(4.19)
A leader	5.05%	(5.05)	5.50%	(5.50)
Optimistic	4.72%	(1.56)	5.00%	(1.54)
<b>Confident*</b>	<b>4.63%</b>	<b>(1.65)</b>	<b>5.38%</b>	<b>(1.53)</b>
Easy to talk to	6.02%	(1.39)	5.98%	(1.19)
<b>Street Smart*</b>	<b>4.74%</b>	<b>(1.72)</b>	<b>5.40%</b>	<b>(1.40)</b>
Book Smart	5.51%	(1.32)	5.25%	(1.44)
Anxious	4.12%	(1.73)	5.04%	(1.77)
Impulsive	3.93%	(1.72)	4.55%	(1.47)
Secretive	4.70%	(1.79)	4.09%	(1.73)
<b>Risk-Taker*</b>	<b>3.58%</b>	<b>(1.52)</b>	<b>4.28%</b>	<b>(1.47)</b>
Controlling	4.23%	(1.77)	4.00%	(1.50)
Perfectionist	4.98%	(1.83)	4.68%	(1.75)

\*p's <.05



# RESULTS

Table 2  
*Self-Perceptions*

	People With Strict Parents	People Without Strict Parents
	%	%
<b>Ready to Move Out*</b>	<b>5.47%</b>	<b>4.65%</b>
Depends on Others	3.63%	3.79%
How Well Handles Challenges	6.88%	7.13%
Emotionally Stable	6.84%	6.44%
Depressed	65.12%	62.50%
Feels like an Adult	65.12%	77.08%
Often Go Out with Friends	37.21%	47.92%
Intelligence	39.53%	29.17%

\*p's <.05

# RESULTS

Table 3  
*Engaging In Risky Behaviors*

	People With Strict Parents	People Without Strict Parents
	%	%
Drinking Often	20.93%	39.59%
Drinking to Get Drunk	6.98%	22.91%
<b>Smoking Marijuana*</b>	<b>9.31%</b>	<b>27.09%</b>

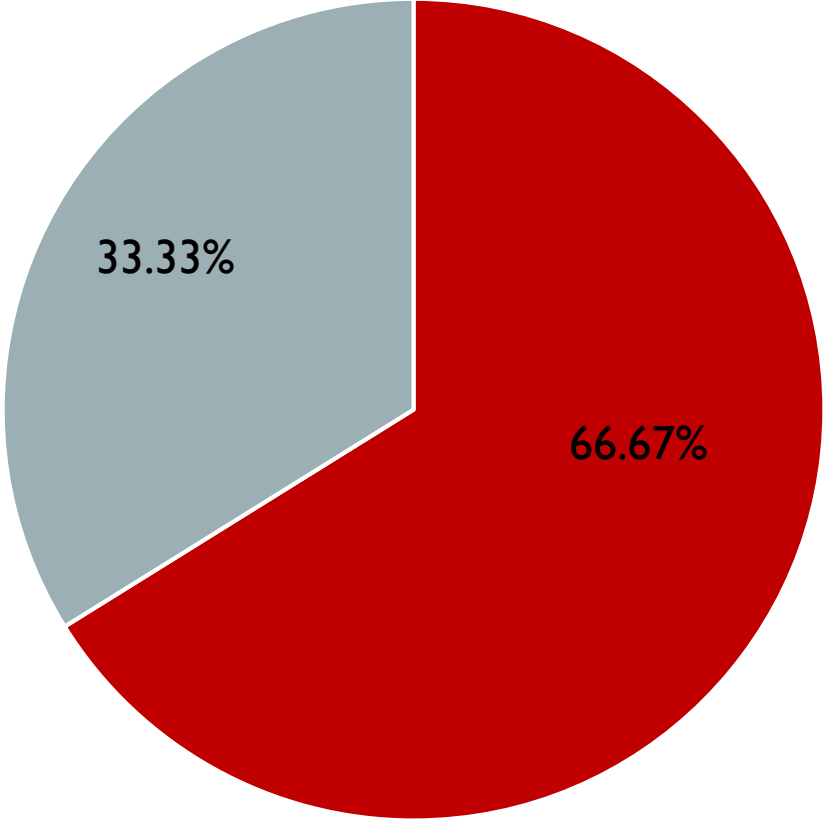
\*p's <.05

# Results

## The Role of Having Immigrant Parents Pertaining to Authoritarian Parenting Styles

Immigrant Parents\*

$\chi^2(1) = 9.175, p = 0.002$



■ People with Strict Parents (65.12%)    ■ People without Strict Parents (33.33%)

# RESULTS

Table 4

*Believed Parenting Skills*

	People With Strict Parents	People Without Strict Parents
	%	%
<b>Strict as Parent*</b>	60.47%	<b>83.33%</b>
Age of Daughter Dating	24.98%	15.65%
Age of Son Dating	17.05%	15.33%
Harsh Punishment towards child receiving F	6.98%	6.25%
<b>Harsh Punishment Towards Underage Child being Drunk*</b>	<b>62.79%</b>	33.34%
<b>Harsh Punishment Towards Child Smoking Marijuana*</b>	<b>55.81%</b>	37.5%
<b>Importance of Child Getting Advanced Degree*</b>	<b>5.14%</b>	4.56%

\*p's <.05

# DISCUSSION

- Since authoritarian = anxiety (Affrunti & Woodruff-Borden, 2015)
  - Authoritarian impacts personality and self-perceptions
- Since permissive = risky behaviors
  - Authoritarian is the opposite
- Children mimic parent's behaviors (Sipsma, Biello, Cole-Lewis & Kershaw, 2010)
  - Children mimic harsh punishment styles





# IMPLICATIONS

- Now that we know the impact of authoritarian parenting styles...
  - Helps child psychologists
  - Teach future parents
  - Support groups for children
  - Do not show bad behaviors in front of the child



## LIMITATIONS

- More females than males
- Only in America
- Only 18 and over – no children
- People could have their own definition of strict



## FUTURE RESEARCH

- Would results differ if children younger than 18 were observed?
- Possible comparison between parenting styles of generations?
- Longitudinal study... would they *really* not mimic an authoritarian parenting style?
- Researching a combined approach to parenting their child with both permissive and authoritarian styles

# THANK YOU

## Reference Page

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